

SELF IMPROVEMENT COURSE

Reference: The book: SELF ANALYSIS, by L. Ron Hubbard

AUDITING QUESTIONS:

1. "Can you recall a time when _____ (item from Self Analysis List)?"
"What (sense) did you get in the recall?"
2. "Can you recall another time when _____ (item from Self Analysis List)?"
"What (sense) did you get in the recall?"
3. "Recall the earliest time you can when _____ (item from Self Analysis List)."
"What (sense) did you get in the recall?"

Senses to be used: Sight, Smell, Touch, Color, Tone, External Motion, Emotion, Loudness, Body Position, Sound, Weight, and Personal Motion.

PURPOSE: To train the student to be able to coordinate and apply the questions and procedure of (Self Analysis) Recall Lists so that he can do them smoothly in co-auditing.

STEPS:

1. Prepare the area where you will be auditing by setting up two chairs facing each other. Also have a copy of SELF ANALYSIS there and open to LIST 1 GENERAL INCIDENTS.
2. Inform the supervisor that you are going to be starting the auditing and show the supervisor that you are up to that part of your checksheet and just where the auditing is going to take place.
3. Have the supervisor get you a person to audit.
4. Sit the person in his or her chair and then sit down across from the person, knees a few inches from the person.
5. Tell the person the purpose of the auditing - "I want to improve your ability".
6. Tell the person that you are beginning.
7. Tell the person "I am going to be asking you certain questions which ask you to recall certain things".
8. Tell the person "In this first set of questions I want you to concentrate on getting the SIGHT in the recall". Make sure he understands that and then thank him.
9. Ask the person the first question: "Can you recall a time when You were happy?" (1st item from Self Analysis List)

10. Allow the person to answer and then thank him for his answer.
NOTE: If the person answers only "yes" or that he did it, find out what it was by asking, "What was it?" Make sure you thank him when he has finished answering the question.
11. Ask the person, "What SIGHT did you get in the recall?"
12. Allow the person to answer and then thank him for his answer.
13. Ask the person the next question: "Can you recall another time when You were happy?" (1st item on Self Analysis List)
14. Allow the person to answer and then thank him for his answer.
15. Ask the person, "What SIGHT did you get in the recall?"
16. Allow the person to answer and then thank him for his answer.
17. Ask the person the next question: "Recall the earliest time you can when You were happy". (1st item from Self Analysis List)
18. Ask the person, "What SIGHT did you get in that recall?"
19. Allow the person to answer and then thank him for his answer.
20. Tell the person "I am going to be giving you the next set of questions". (Move on to question #2 in LIST 1 GENERAL INCIDENTS.)
21. Tell the person "In this next set of questions I want you to concentrate on getting the SMELL in the recall". Make sure he understands that and then thank him.
22. Ask the person the first question as in Step 9 but using SMELL instead of SIGHT. (Using question #2 in LIST 1 GENERAL INCIDENTS.)
23. Continue down the list in the same pattern used in Step 9 through 19. Each time you go to the next question, use the next "Sense" (given either on the disc or on the bottom of the page of the recall list).
NOTE: If the person says something that you don't grasp, ask the person to repeat it.

If the person says he can't recall anything on a question, thank him for telling you and go on to the next item.
24. Use the "Special Session Lists" on the person if recalling a certain thing made him feel uncomfortable.
25. You may go through the list as many times as needed until the person has Very Good Indicators (happy, smiling, bright). He may also have some new personal awarenesses that he will communicate to you. When the above happens tell the person that the auditing session is over.
26. At this time the person should be taken to the examiner.
27. Write up briefly what happened and turn it in to your supervisor.